

CHARCUTERIE

V

AFTER SCHOOL SNACK TRAY WITH PEANUT BUTTER YOGURT DIP

Make this easy peanut butter yogurt dip for your kids to dip fruits, vegetables, and crackers into. This dip is packed with protein and is a great snack for after school.

SERVINGS:

1 cup dip, serves about 4-6 people

PREP TIME:

5 minutes

COOK TIME:

5 minutes

THIS WEBSITE USES COOKIES

We use cookies to personalise content and ads, to provide social media features and to analyse our traffic. We also share information about your use of our site with our social media, advertising and analytics partners who may combine it with other information that you've provided to them or that they've collected from your use of their services.

Deny | Allow selection | Allow all

Necessary | Preferences | Statistics | Marketing | Show details

- [ ] 3-4 Tablespoons peanut butter
- [ ] Optional: 1-2 teaspoons honey

- [ ] 1 Cosmic Crisp apple
- [ ] 1 Fuji apple
- [ ] 2 stalks celery
- [ ] 1 cup pretzels or 2 sheets graham crackers

INSTRUCTIONS:

1. Add yogurt and peanut butter (and optional honey) to a small mixing bowl. Stir together until incorporated.

2. Slice apples and celery into similar sized slices, place on a plate. Add pretzels &/or graham crackers.

3. Serve together.

THIS WEBSITE USES COOKIES

We use cookies to personalise content and ads, to provide social media features and to analyse our traffic. We also share information about your use of our site with our social media, advertising and analytics partners who may combine it with other information that you've provided to them or that they've collected from your use of their services.

Deny | Allow selection | Allow all

Necessary | Preferences | Statistics | Marketing | Show details