BEVERAGES

VE

APPLE PIE MILKSHAKE

Sweet, refreshing, and easy to prepare. This milkshake is kid-friendly and great for breakfast!

SERVINGS:

4

PREP TIME:

10 minutes

INGREDIENTS:

- ☐ 2 Washington apples, peeled and diced

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- [ ] 5 Dates
- [ ] 1 tsp Cinnamon
- [ ] Whipped cream and/or caramel sauce to serve

INSTRUCTIONS:

To prepare:

- Combine all the ingredients in a blender. Blend until smooth. Chill as desired.

To serve:

- Top with whipped cream, caramel sauce or both.

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