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**INGREDIENTS:**

2 cups brown rice

## DRESSING:

**Cookiebot**  
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and browned on edges. Once squash is mostly soft, add cubed tofu and add another 2 Tbsp dressing. Cook until tofu is browned on at least 2 sides, this should take about 4-5 minutes. You should have used about ½ the dressing so far.

4. Once squash and tofu are browned on most sides, add kale. Stir and cook until kale softens and turns bright green, about 3-4 minutes. Remove from heat.

5. Assemble the grain bowls by dividing the rice into 4 bowls, then add vegetable and tofu.



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